

## SVNSW BEACH VOLLEYBALL CAMP #2 October 4-6

### Manly Beach Courts #5 - #8

Time	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM – 9:00 AM	Registration Check-in 8:15am-9:00am (Dede and Kat)	Supervision & Welcome (Dede and Kat)	Supervision & Welcome (Lewis and Claudia)
9:00 AM – 9:30 AM	Welcome/To courts 9:00am-9:15am Meeting – Intro to game formats 9:15am-9:30am	Court Warm Up (Kat/Dede/ Lewis)	Group Warm – Up 9:00 – 9:20 (Lewis)
9:30 AM – 10:30 AM	Warm-Up & Skill Evaluation (Dede)	Serve Receive (Lewis)	3 v 3 Playoff / Championship (9:20 – 10:30)
10:30 AM – 11:30 AM	Forearm Passing / Game play evaluation (MJ)	Overhand Passing (Kat)	Defense and Blocking (Roger)
11:30 AM – 1:00 PM	Lunch / Coaches meet 11:30-12:15pm Group warm up (Dede) /Into 3 v 3 Teams 12:15-1:00pm	Lunch Break 11:30-12:15 Group Warm up ,into 3 V 3 teams (Dede)	Lunch Break 11:30 – 12:15 Warm up on own courts
1:00 PM – 1:30 PM	3 v 3	3 v 3	Offence and attacking (Roger)
1:30 PM – 2:30 PM	Attacking (Kat)	Serving (Dede) 1:30-2:15pm	1.30 – 2:00 – Snacks/Break  Tournament Championship Playoffs 2:00 – 3:10
2:30 PM – 3:30 PM	Tournament Play I (on own courts – all coaches)	Tournament Play II (on own courts - All Coaches)	3:10 – 3:30 – Awards
3:30 PM – 4:00	Pick up	Pick up	Pick up

#### Beach Camp Coaches

1. Monica Jones	Wednesday&Thursday	(Mobile)	0432147482
2. Dede Stewart	Wednesday&Thursday		
3. Kateia Barenaba	Wednesday&Thursday		
4. Lewis Jupp	Thursday&Friday		
5. Claudia Marshall	Friday		
6. Roger Jones	Friday		

#### Review

- The supervising coach in the AM will be present at 8:15 AM. Coaches will stay until all athletes are picked up at the end of the day however we do ask you be no later than 4:00 PM. If you need to contact a coach during the day please text/call Monica.
- Supervision @ Lunch – provided on the beach / under the shelter on the walkway. Please do not leave unless you are walking with a group that has a coach. Please pack lunch / snacks / water for the day.
- First Aid – A first aid kit will always be present as well as extra sunblock. Please bring your own sunblock if possible. Ice will also be available if needed.
- Parents are welcome to watch team play / playoffs / award presentations
- In case of an emergency or extreme weather, athletes will be sent to the Novotel Hotel with the coaches and parents will be contacted.

**Athletes should bring the following:**

- **Bag / Backpack for their belongings**
- **Sunblock**
- **Towel**
- **Weather appropriate clothing (Athletes are also encouraged to bring tights/pants in case they get cool)**
- **Sunglasses**
- **Hat/Visor**
- **Lunch**
- **Snacks**
- **Refillable water bottle**