



PROGRAM RULES

- a) Athletes shall attend all training sessions, meetings and tournaments as notified by the Coach and/or Team Manager.
- b) Requests for non-attendance at any session should be made to the Coach and Team Manager in advance of that session, and must be approved, except in the case of an emergency.
- c) All reasonable care must be taken of equipment borrowed from SVNSW. The cost of any misplaced or damaged equipment shall be borne by the Athlete/s or team responsible.

ATHLETES CODE OF ETHICS

1. Do not criticise the referees' decisions, but accept them with good grace as being fair and called to the best of their ability.
2. Do not criticise the opposing team or supporters by word or gesture.
3. Speak and act in a manner that will not reflect poorly upon yourself, your team or your State.
4. Set a good example in your personal appearance and comply with all reasonable dress standards as determined by the coach, Program Manager or representative of SVNSW.
5. Be proud to represent NSW and respect all aspects of the State Team Program.
6. Do not criticise performances by your team-mates, concentrate on your own and allow your coaches to do their job. Winning is the result of "Team work", and is not the only measure of success applied to the program.
7. Remember to thank your opponents and referees at the conclusion of your game.
8. Comply with all reasonable directions of the Coach, Assistant Coach or any member of the SVNSW coaching or management team.
9. Encourage public recognition and support of SVNSW by wearing appropriate SVNSW attire.
10. Not consume or encourage the consumption of drugs, stimulants or other substances with a view to modifying or altering your growth or performance.
11. Not consume or encourage the consumption of alcohol at any time at any Preparation Events or during the Australian Junior Volleyball Championships 2013.
12. If required, provide a sample of your own urine and/or body fluid for analysis by the Australian Sports Anti-Doping Agency (ASADA) to determine whether or not you have taken or used prohibited drugs.
13. MEDIA - not comment on SVNSW or any SVNSW official or program, without the express permission of SVNSW.
14. SPONSORSHIP - participate in appropriate sponsorship activities in a manner compatible with enhancing SVNSW reputation and with fundraising activities of SVNSW.
15. Allow SVNSW to use your identity to promote SVNSW or any program of SVNSW, and enable SVNSW to pass on your contact phone numbers to media parties.
16. If accommodation is arranged for any event, including the Australian Junior Volleyball Championships, if requested, allow the Coach to keep your mobile phone overnight, which he/she will return to you the next morning. The Head Coach will keep all mobiles on during the night in the case of emergency.